

SRA Athlete Assistance Program

Purpose:

To provide financial support to qualified Saskatchewan athletes in pursuit of their high performance goals.

Description:

The Saskatchewan Rowing Association's (SRA) Athlete Assistance Program is made possible through funding grants from the Saskatchewan Lotteries Trust Fund as administered by Sask Sport Inc. Athletes qualify for this assistance by their performance in a number of competitions and training activities, and by maintaining competitive membership in a Saskatchewan rowing club. "Athlete Funding" is provided to athletes who apply and qualify. "Special Funding" is granted for one-time or special circumstances as approved by the High Performance Committee.

Eligibility:

1. Athletes who are members in good standing of a Saskatchewan rowing club.
2. Athletes who qualify for Athletes Assistance through the criteria described below **must sign an agreement to compete for a position on the provincial team for which the athlete is eligible and to represent Saskatchewan, if selected to the provincial team, in rowing the following year.**
3. Athletes must identify in written form how they plan to make a contribution to their home club throughout their Athlete Assistance year. (helping with LTR, etc.)

Criteria:

Points accumulated between November 2009 and November 2010 through the following system will be allocated for participation and performance in racing and ergometer testing. Please use the regattas participated in this season only.

SRA Erg Series (1 point for completion of each test)

November 6k _____

December 6k _____

February 2k (PIRC) _____

March 6k _____

April 2k _____

RCA Erg Monitoring Program (1 point for the completing and submitting all RCA tests)

*SRA Erg Series followed RCA testing dates with the exception of the first test (RCA was October). You must have submitted results to RCA to receive these points.

Regatta Results:

CSSRA (2010)

(1 point for making a final; 1 point for a win; +1 point if win is in a single or pair)

Event _____ Point (s) _____

Event _____

Event _____

Regina Sprints (2010)

(1 point for a win; +1 point if win is in a single or pair, maximum of 3 points awarded at this event)

Event _____ Point (s) _____

Event _____

Event _____

Participation in National Team Trials (Junior/U23 or Senior A) (2010) (1 point) _____

Alberta Open (2010)

(1 point for a win; +1 point if win is in a single or pair, maximum of 3 points awarded at this event)

Event _____ Point (s) _____

Event _____

Event _____

Henley (2010)

1 point for making a final if >12 or <36 entries

1 point for making a semi if >36 entries

+1 point for winning U23 or junior event

+2 points for winning a senior or elite event

+1 point for winning single or pair

Event _____ Point (s) _____

Event _____ _____

Event _____ _____

NWIRA (2010)

(1 point for a win; +1 point if win is in a single or pair, maximum of 3 points awarded at this event)

Event _____ Point(s) _____

Event _____ _____

Event _____ _____

RCA National Rowing Championships (2010)

1 point for bronze _____

2 points for silver _____

3 points for gold _____

Canadian University Rowing Championships (2010)

(1 point for making a final; 1 point for a win; +1 if win is in a single or pair)

Event _____ Point(s) _____

Event _____ _____

Event _____ _____

National Team

Saskatchewan athletes making any National Team but not carded (5 points) _____

Funding:

Application deadline is February 11, 2011. The High Performance Committee will review the applications by each athlete. Athletes should have a minimum of 10 points for consideration. Special consideration will be reserved for injury or illness cases. Should the High Performance Committee deem that any of the injury or illness cases are not worthy of funding, the next names on the point list will be considered.

If an ergometer test is not supervised by a certified coach, it must be witnessed and results signed by a club official. Results should be forwarded to either the SRA office in Saskatoon:

saskrowing@sasktel.net, Provincial Coach John Wetzstein: miss_ng@mac.com , or Assistant Provincial Coach Savannah Taylor: savannah@shaw.ca

Carded National Team athletes are ineligible for SRA Athlete Assistance—however—the SRA will reimburse competitive registration fees if the athlete registers with RCA through a Saskatchewan rowing club.