

11:00am								
Men	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
		U23	U19	U19	U23 LWT	U19	U23 LWT	
		A Konecsni-Luzny	E Florizone	D Markewich	R Blake	B Blake	N Lindgren	
11:15am								
Men	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
		U19	Senior	U19	Senior	U23	U19	
		T McLellan	M Fedrau	W Bingham	R Lawrence	S Phillips	J Pellerin	
11:30am								
Women	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	U19	Senior	U19	U17	U17 Novice	U17 Novice	U17	
	J Henni	C Spies	E Brockman	S Bester	J Nguyen	K Markewich	S Craven	
11:45am								
Women	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
		Senior	Senior	U19	U19	U17	U19	
		L Tardif	S Sweeney	A Currie	S Mayer-Loutit	A Thiessen	S Sinthavong	
12:00pm								
Women	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	U19	Senior	U17	U19	U19	Senior Novice	Senior Novice	
	L Ritchie	D Jorgensen	L Werbicki	S Bronkhorst	S Burke	M Gierc	E van der Kamp	
12:15pm								
Men Dash	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	E Florizone	J Pellerin	S Phillips	W Bingham	R Lawrence	M Fedrau	R Blake	
12:45pm								
Women Dash	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	L Tardif	M Gierc	D Jorgensen	S Bronkhorst	S Burke	E van der Kamp	S Mayer-Loutit	C Spies

1:15pm								
Quad	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	W Bingham	N Lindgren	S Burke	C Spies	R Lawrence	S Bronkhorst	L Werbicki	L Tardif
1:25pm								
Quad	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	S Phillips	B Blake	D Jorgensen	A Thiessen	M Fedrau	E Florizone	M Gierc	S Mayer-Loutit
1:35pm								
Quad	Lane 0	Lane 1	Lane 2	Lane 3				
	T McLellan	J Pellerin	L Ritchie	A Currie				

Award Ceremony: 2:00pm