



ANNUAL GENERAL MEETING Minutes

Saturday, November 22, 2008
Delta Hotel Regina, Sorrento Room
Regina, Saskatchewan
1:30 pm

December 22, 2008

To: All Current Members of the Saskatchewan Rowing Association, and Sask Sport representatives

From: Bruce Acton, President of the Saskatchewan Rowing Association

Agenda

- Reading of notice calling the meeting
- 1. New additions to agenda motion to accept Garrett Mathiason, second Ann Haver Motion from VP admin for 2009 auditor appointment.
New business to approve audit from 2008.
- 2. Adoption of minutes of 2007 Saskatchewan Rowing Association annual general meeting held November 24, 2007 in Saskatoon. Motion to approve Kelly Silcox, second Brian Fiori
- 3. Presentation of Board reports
 - 3.1. President

November 16, 2008

Saskatchewan Rowing Association President Report 2008 Annual General Meeting

What a fabulous year for rowing here in Saskatchewan and around the world. Canada captured its share of medals at the Beijing Olympics including the men's 8+ with Saskatoon product Jake Wetzel one of the gold medalists. Here at home our rowers proved themselves at numerous provincial, national and international regattas.

I am pleased to report to the members of the Saskatchewan Rowing Association at the end of my first year as President. This was a year of transition for SRA staff and eager anticipation for Canada Games age athletes. The financial resources of the SRA are strong. We have the financial ability to introduce rowing to new SaskSport zones and under represented populations. The work of staff and volunteers to expand rowing in our province is gratifying.

I wish to thank Sport Administrator Lynn Sequin, SRA Head Coach John Wetzstein and Assistant Provincial Coach John Haver for their hard work and dedication in providing support, skill development and encouragement to our rowers.

I want to thank the SRA Board of Directors for their commitment to stewarding the Saskatchewan Rowing Association. I know your commitment to help at the provincial level also extends to volunteer work at your local club level. Your contribution is greatly appreciated.

We have two departing Board members I wish to acknowledge. Jennifer Stewart-Mitchell is retiring from the Board after six years as VP Development. Over the years Jennifer worked with summer staff to introduce our sport in many new sport zones in Saskatchewan. She was also instrumental in introducing adaptive rowing in Saskatchewan.

Grant Marshak in retiring as VP Programs for the SRA. His leadership in the area of sanctioning regattas in our province and the expansion of certified rowing officials has added a much needed level of professionalism at our regattas.

Congratulations to our rowers who competed in numerous provincial, national and international regattas this year.

At the National Rowing Championships in late September Katy Haver captured silver in the Under-23 women's single while Cristin McCarty in the same in the women's single. Hannah Champ and Elyse Weir finished second and third respectively in the junior women's single. Josh Kendel and Spencer Weber finished third in the junior men's pair. Haver, weir, Kira Nyhus-Runtz and Andrea Bundon teamed up to take silver in the women's quad.

At the 126th annual Royal Canadian Henley Regatta in August Hannah Champ won gold in the Jr. women's singles, Elyse Weir silver in Jr. women's single.

I have benefited from participating in the monthly SRA staff meetings. Thanks to the staff, Bob Haver VP High Performance and Kelly Silcox VP Administration for participating as well. I feel these regular meeting a useful for both staff and volunteers. Annual staff performance reviews will take place this December.

I would like to welcome the newest members to the Saskatchewan Rowing Association Board. It is important that we have new points of view and renewed enthusiasm within the SRA Board of Directors. Thank you to Garret Mathiason and Terry Craig for stepping forward and letting your name stand for a position on the Board and contributing to our Association.

I wish to thank the provincial clubs who have chosen to change their membership year to align with the Rowing Canada. By choosing to have a membership year from April 1 – March 31 you are ensure that your members will be properly insured.

The 2009 Jeux Canada Summer Games will be held in Prince Edward Island from August 15-29. Our coaching staff has already begun preparing our athletes for this important regatta. The Team Manager will soon be announced.

The SRA is a fortunate recipient of a Canada Games Coaches Employment Grant. This grant provides the financial resource for our head coach to receive a competitive salary with benefits, the ability to participate in coaching development opportunities and to establish a mentorship relationship with a national level coach. I encourage John Wetzstein to take full advantage of this opportunity.

Prepared by Bruce Acton, SRA President



3.2. VP Administration

Hard copy available

-Hired Lynn Seguin

-first meeting/planning meeting in Jan. For Profile

-memberships re-done

-follow-up report done in July along with audit

-Gwen Herman became our new bookkeeper

-Lynn worked on Policy & Procedure manual

-meeting with Sask Sport for SK Rowing Grants

-meeting with Gwen to look at coding-new chart of account_

-Met with Salina Berry to work on Grants and budget items

-Salina created a new budget template for SK Rowing to be used by VP's for next season

-requests have been sent to auditors for a new auditor

-the audit committee has found a new auditor

-RCA AGM meeting to be attended

-performance reviews to be done with Lynn in December

-a good learning year with some challenges

Motion to accept the audited financial statements from March 31, 2008, second Jenn Stewart-Mitchell - carried

Motion to accept recommendation to use Virtus Group as new auditor for 2009, Second Garrett

3.2.1. Lynn Seguin – Sport Administrator

Report of the SRA Office manager, SRA AGM Nov. 22nd, 2008

I have now been with the SRA almost one year! I have learned a lot and continue to learn on a daily basis about rowing and all of you. I have enjoyed every minute – thank you!

I continue to meet with Bruce weekly for cheque signing and talk about any issues arising. I email Kelly on a regular basis - every day. John Wetzstein and John Haver have continued to cooperate in sending me everything I ask for such as receipts and answered questions. I appreciate this help tremendously as sport administration is all about communication.

The Profile and Follow-up have been submitted to Sask Sport on time. Sask Sport had questions concerning our Follow-up reporting on our grant section. Kelly & I met with Salina Berry, Financial Controller for Sask Sport. We met to discuss the way the grants did not “add-up”. We went over a letter she sent explaining what did not make sense to us! At the end, we found out that from miss-coding items, misunderstanding the CG's Coach Employment Grant & Equipment Grant revenues and remembering a deferred amount, we have additional surplus of \$16,665 instead of a deficit . However, this goes in specific places!

During this same meeting, we re-did the Charts of Accounts and did the beginnings of a Budget Template, which the VP's now have & have been asked to use for our budget for our next fiscal year.

Membership – numbers to date. Nov. 22, 2008

90 Comp

182 Sport

10 Non-Rowing

Total – 282 members registered

I do not know why members are down from last year. I do know that some names were repeated twice, some names were paid but were not members any longer, and confusion with Sport members becoming Comp members and indicating that to RCA & RCA having problems of their own regarding memberships.

I continue to look at a better way to report memberships and track them. This is an on-going job and will improve as time goes on.

The Policy & Procedure manual is on its way to being completely reformatted. It will be on the SRA web site. I suggest that all members, at least Board members, look at this manual as it guides this association.

I have posted Erg Series forms on the SRA web site and will continue to use the web site for posting more forms as needed. I would like at some point to use the web site to register for regattas (provincially), and registration of members.

I would encourage all clubs to submit their MAP Grant Follow-up reports! There is money for you.

I attended the Sport Leadership Conference in Calgary Nov. 7-9 & will attend the RCA AGM in December.

Sincerely,

Lynn Seguin

SRA Office Manager

Questions: Dave Millar on-line registrations

How will this be gathered, because North West will be using Regatta Master, maybe a provincial purchase would be a good way to go.

Garett – registering with Regatta Master might be a really good thing for the SRA to buy. It has a lot of support and would be well used provincially.

Bruce – Regatta Master is this the choice program? NW uses it and we could use it for the Sprints and Praires.

Ann- Would this be a good question for Peter? What does the RCA use?

3.3. VP Programs

VP of Programs Report to SRA Board

November 18, 2008

Activities and Correspondence:

- 1. Corresponded with Danica Jorgensen concerning budgetary estimates for an adaptive rowing program to be rolled-out in 2008.*
- 2. Corresponded with Brian Fiori concerning ongoing programs for the development/certification of existing umpires*
- 3. Corresponded with Brian Fiori concerning programming and potential timing for a further umpires' clinic.*

4. *Corresponded with the rowing clubs to determine their interest in fielding participants for the planned Umpires' Clinic.*
5. *An umpires' clinic was held in Regina on May 31, 2008. Four participants took part in the clinic. Congratulations to Dave Woytowich and Wes Champ in successfully completing the written exam and obtaining their umpire certification! Also a special thank you to the course instructor, Brian Fiori.*
6. *Reviewed and submitted to the board an application for sanction of the Western Canada Sprints regatta held in Regina on June 9, 2008. The board granted sanction for this regatta.*
7. *Reviewed and submitted to the board an application for sanction of the Prairie Championships regatta held in Saskatoon on August 23, 2008. The board granted sanction for this regatta.*
8. *Reviewed and submitted to the board an application for sanction of Head of the South Saskatchewan regatta held in Saskatoon on October 4, 2008. The board granted sanction for this regatta.*
9. *Corresponded with Brian Fiori concerning financial support for the development of existing and new umpires, to include support for attendance at local, regional and national regattas.*
10. *Correspondence with Chad Jedlic concerning insurance issues pertaining to coaches and volunteers.*
11. *Reviewed correspondence from Dawn Jorgensen reporting on Adaptive Rowing Activities held during the summer.*
12. *Correspondence with Lynn Sequin and John Wetzstein concerning SRA AGM and Awards Banquet to be held in Regina, November 22, 2008.*

Expenses:

None

Recommendations:

1. *Consider offering a further umpires' clinic which build on the clinic held earlier this year.*
2. *Additional equipment to be purchased to restock/replenish the umpires' kits.*
3. *Purchase of additional equipment to facilitate delivery of an adaptive rowing program.*
4. *Further solidify programming for continuation of an adaptive rowing program.*
5. *Follow-up with the local clubs on recommendations arising out of the safety audits performed for each club.*

Motions Requiring Action:

None

Respectfully Submitted,

*Grant Marshak
Vice-President of Programs
SRA*

3.4. VP Development

SRA REPORT – VP DEVELOPMENT November 21, 2008

ACTIVITIES

- *January – March, purchase equipment for Moose Jaw’s Adaptive Program purchased with recommendation from Danica Jorgensen and SRA (specialized seats/ equipment for adaptive program in Moose Jaw).*
- *Savannah Taylor represented SRA on a conference call on a “RCA’s Rowing 4 All committee”, the committee looks at developing Grassroots rowing.*
- *May, Dawn Jorgensen hired for Zone Development coordinator position until end of August; amalgamated the Zone Development Coordinator position to include Adaptive Rowing (ensure Adaptive Rowing program continues from activities in 2007).*
- *May – June, contact made with Special Olympics, Paraplegic Association, Wascana Rehabilitation Hospital for Adaptive Rowing in Regina; Contact was also established with former zones for rowing development.*
- *June, adaptive rowing for 2 athletes (average 4 times per week) and a larger Adaptive Rowing Clinic conducted for Wascana Rehabilitation Hospital.*
- *June, four Zone Development Boats transported from Regina and Saskatoon to Prince Albert to assist in Learn to Row programs and youth programs. These boats will stay in PA for the winter and may possibly be used for spring LTR programming.*
- *June - July, Josh Grehan **voluntarily** coordinates program for underprivileged/at-risk youth in Prince Albert; (initially starts as a weekend rowing camp at Sturgeon Lake – later grows into weekly sessions for participants in Prince Albert). His volunteer work entails providing a rowing experience for these individuals; this is coordinated in conjunction with the support of the Prince Albert Rowing Club.*
- *June- August, Zone Development rowing clinics for Chaplin School in Regina for 14 participants; rowing clinic scheduled for Moose Mountain cancelled by Moose Mountain contact due to lack of participants; clinic in Katepwa - 1 participant is involved; clinic in Thompson Lake for 13 participants involved.*
- *June - July, apply for RCA Recreation Centre Equipment Grant. This RCA grant was to help rowing development in Prince Albert for touring and the inclusion of the First Nations community, by providing “start up” equipment (trainers, oars and a trailer); unfortunately SRA not awarded grant for 2009 year, however, SRA will be awarded the equipment in 2012.*
- *July - August, adaptive rowing sessions (for paraplegic athletes) in Regina for 2 participants, 1 - 2 times per week; other adaptive rowing sessions for other youth participants ,2 times per week for July and August, 2 - 3 participants are involved regularly; one participant goes on to **compete** at Prairie Rowing Championships in the **Adaptive Rowing Event**.*

CORRESPONDENCE

- *December - January, E-mail communication with Danica Jorgensen and SRA regarding specialized equipment (seats) for adaptive program in Moose Jaw.*
- *MAP Grant posted on SRA website in May; June, MAP grant applications are received from provincial clubs (Saskatoon, Regina and Prince Albert); \$6099.00 was available and divided between clubs based on a review of proposals; first MAP installment was sent to clubs, then after MAP Follow Up Reports are received by SRA, the second installment was sent.*

- Zone Development Coordinator position posted on SRA website
- E-mail communication with Josh Grehan regarding his proposal for a Youth program in the Prince Albert/Sturgeon Lake area this summer
- Communication with Josh and Dawn regarding setting up clinics and rowing sessions for participants in July and August.
- Contact made with Special Olympics, Paraplegic Association, Wascana Rehabilitation hospital and other interested participants to organize Adaptive Rowing in Regina; contact made with zones that rowing has been formerly “engaged” with, as well as contact with potential zones.
- Contact made with various pontoon manufacturers. Pontoons to be used for adaptive rowing; 2 sets of pontoons are to be ordered this winter and will be used for 2009 Adaptive programs. Wintec and Alden rowing sell pontoons; there’s another Canadian manufacturer who sells pontoons for \$350/pr and offers free shipping for adaptive programs (contact him at: bart@kayrak.ca).
- October, e-mails sent to Josh Grehan regarding participant information at “At-Risk Youth Rowing Sessions this summer (awaiting reply).
- November, Communication made with individuals who may be interested in working on a Winter Dry-land Development Coordinator/Coaching position. There is interest, new VP Development and President will want to further discussion regarding position and salary.

EXPENSES (based on statements)

Club Equipment Support	\$1049.93
Development Coach Salary	\$2444.24
Underrepresented Target Groups: Rowing for all Camps	\$1722.33

TOTAL **\$5216.50**

RECOMMENDATIONS

- This winter, purchase 2 sets of pontoons for adaptive rowing, purchase one or 2 sets of oars for adaptive rowers. Athletes from the Canadian Paraplegic Assoc. and Wascana Rehab are interested in bringing out more participants **once** we have the much need equipment.
- Pay **an honorarium** to a coordinator/coach who would be interested in a position as Dry-land Development Coordinator/Coach this winter (for facilitating indoor rowing sessions to “under-represented target groups” and adaptive participants). This is of course conditional on the location for training and participants interested. It would be best if this person either has experience working with adaptive sport or At-Risk Youth Programs and is a certified rowing coach. Note that we still have to spend a **minimum of \$2687** this winter on programs for **under-represented target groups**.

ACTION ITEMS

- Purchase 2 sets of pontoons and adaptive oars this winter.
- Register Zone Development participants in the SRA membership list.
- Hire a person immediately for winter months as the Dry-land Development Coordinator/Coach.

Respectfully Submitted,
Jennifer Stewart-Mitchell

Dave – Does Lynn know if the new members that Jenn talked about have been counted in membership numbers she quoted, no they have not been counted

Josh has not sent in numbers from his clinics, this is still to be received. Josh's program will have to be looked at for next year, if he does it. There were some challenges for him. Will we get a copy of his report? He has been expiring family issues lately, but hopefully a report will happen soon from him.

Adaptive rowing – maybe the Blind association should be contacted to bring into rowing.

3.5. VP High Performance

Report of VP-HP to the SRA AGM Nov. 22, 2008

Significant results Summer 2008

- *Three athletes made the 2008 Can-Am-Mex team*
- *Sask team had a good showing NRC's*

Future Camps/projects (to March 2009)

- *Erg series has kicked off with five scheduled dates*
- *Winter camp is being finalized with location TBA*

Canada Games up-date

- *Games mgr should be confirmed by the AGM*
- *Course length in PEI appears to be looking like 1200 meters*
- *Training programs will be ramped up from here through the games*

Coaches up-grading

- *John W. & John H. are both on track to complete their level 3 by the end of 2008*

Any other comments:

With the departure of Siobhan and the realignment of John Wetzstein's position to head coach as well as the hiring of John Haver as the northern coach the high performance athletes have not missed a beat. I have great confidence that with the depth of experience (from both the racing and technical perspective) that our provincial games coaching staff have, that they are ready to prepare our athletes to face any challenges the other provinces will bring to the Canada Games next August. The communication between the north and south is good and the coaches have agreed to include parents in their communications from this point forward so there will be no surprises.

*Respectfully submitted,
Bob Haver, VP-HP*

3.5.1. SRA Head Coach John Wetzstein

Hard copy available

-exciting first year with some bumps along the way

-Successes – provincial season was good, NW rowers did very well, and Saskatoon did well here.

Henley – we did very well at this regatta very exciting to see. We continued to see improvements at NRC

-coaching levels to be complete by the end of Dec.

-I have served on the IPPC this year & has been very exciting to be a part of this committee. This committee is striving to define its role within RCA. Where does it fit with developing rowers in provinces according the RCAs programs

-2 big events coming up, PIRCs coming up plus winter training camp probably in February with prospective CGs team

Question of CGs course – the course will be run on the canoe/kayak course at games because the original course was not deep enough and wide enough for race, so they moved it to the canoe/kayak course. 1200m race now. There is not rowing club and will not be sustained after the games.

3.5.2. SRA Assistant Provincial Coach – John Haver

John Haver Assistant Provincial Coach Report- SRA AGM Nov. 22nd, 2008

Coaches Association of Canada- Intern position

In July Lynn helped me put together an application that was to be submitted jointly between the SRA and myself for a opportunity for young coaches with a degree to work in a sustainable coaching position. We were successful in our application and I started with the program August 1st 2008. John Wetzstein is my master coach/mentor for the duration of the year term, I am required to send reports into John and he in turn sends them to the CAC for review.

Coaching Certification

I have been in contact with Tim Taha to work on my level three-program design component. It is an ongoing process that will hopefully be completed by the end of the calendar year. John Wetzstein and I have taken the first step with the selection component by meeting Chuck McDiarmid to learn about how the BC system is run at this years NRC's (London, Ontario). We are waiting on Chuck to finalize a date for the BC Canada Games selection camp before we book our tickets. Expected completion date of Level 3- December 15th.

On Water Training/Indoor Training

I started with the group for the final week of the winter training regime (once a day, Monday through Saturday). We got on the water at the end of April and we rowed nine times a week (twice MWF, once TTTHS) until the two weeks before finals, where we cut down to once a day again for the athletes to focus on school. Since finals were completed, we have been rowing twice a day during the week and once on Saturday. Leading up to Henley and NRC's we had been training as a group two on-water sessions a day. We did a lot of traveling as a team in this time frame and while we were away the rest of the athletes joined the club group with Savannah Talyor. During the fall (after NRC's) we rowed once a day, again, to allow for the athletes to be students as well. The docks were taken out at the end of October, at this point John and I decided to give the athletes 2 weeks off as this was the most logical time to give everyone a break from each other and us (John and I). The Saskatoon training centre has been open for the last two weeks starting Nov. 10th.

**Program available upon request*

Coaching Development

This summer it was a regular practice for Melanie Harding (Saskatoon club coach/manager) and Savannah Taylor (Saskatoon club coach/manager) to ride along with me in the coach boat. It is a good relationship because I could learn from them and they could learn from me. I encouraged them to question me if they do not agree or if they do not understand something. I have continued to have my dad (Bob Haver) come out with me in the coach boat on a regular basis (weekly). I plan on including the club coach (SRC) to partake in as many camps that are in Saskatoon this winter as they are available to attend.

Development

I would like to think this is something that is ongoing with my group. The setup in Saskatoon is very conducive to allowing rowers that have just started to train along side the "high performance" group and eventually train with us. The first development camp of the spring was held in Saskatoon (May 16-18th). Not only was this a good chance for John and I to see the depth of athletes in our province, but a chance for the athletes to get to know one another and develop the very important "team cohesion" This summer we have had two Canada Games eligible athletes join my group (Jenn Jochim and Brenden Chief). Although I would have liked to get a few more into the group this winter, Jenn and Brenden are serious about the sport and dedicated to the opportunities that Canada Games presents. The biggest developmental regatta of the year was in Kenora, Ontario and together with the two clubs we had over 30 athletes. We had some very impressive results, to name a few, Brenden Chief (rowed for approximately 1 month) and John Kendal (15 years old) won the junior double AND the Junior pair. If you look at NRC's as a more developmental regatta for Canada Games, we took nine (triple last year) Canada Games eligible athletes to compete and overall did very well.

Selection

Once Henley was complete John and I had a number of meetings discussing where we wanted to go with NRC's. Considering our limited funds and the high level of competition at the regatta, it was not feasible to take a full team to London (as we did to Henley). As stated in my last report, we based selection for NRC's on a few factors throughout the summer, making the Henley team, performing at Henley, performing at North West, and performing at Prairies. We wanted to take a team that would be competitive in every event, I believe this was accomplished.

Respectfully submitted,

*John Haver
Assistant Provincial Coach*

3.6. VP Marketing

Vice President - Marketing Report SRA AGM

November 22, 2008

Activities:

- Represented SRA at Sask Sport Awards 2008 March 2008
- Attended Sask Sport AGM in Regina on June 16th 2007
- Attended Regina Sprints, and Saskatoon Prairies Regatta as an official.
- Assisted in the process of hiring a new provincial coach and assistant coach
- Met with representatives of Great Western Brewing to discuss sponsorship. Will need to work out specifics in Spring of 2009 with each club.
- Nominated Lucas Baldo of the Saskatoon Rowing Club for athlete of the month to Sask Sport.
- Requested sponsors of our 2008 SRA Annual Awards

Expenses:

None

Recommendations:

Review our sponsorship program, work closely with each club to iron out our fundraising techniques, start a SRA newsletter.

Action Items:

None

Respectfully submitted;

JP Farago

Vice President Marketing SRA

Learn-to-row for Regina based restaurants in Spring

Would like to do a newsletter twice a year

Would like to work with each club for fund raising ideas to benefit clubs

Questions – newsletter to be put on web site? Yes.

3.7. Past- President***Past President Report to SRA******AGM 2008***

The function of the Past President of the SRA is to act as the Rowing Canada liaison for the province and as such represents SRA at all of RCA Board of Directors meetings.

The RCA Board of Directors (referred to as the “Board”) met four times in this past year (twice by conference call and twice in person) – SRA’s representative attended all four meetings. The provincial reps. have a say and were included in discussions on several issues:

Masters Championships

The 2009 Masters Championships will be held Victoria and hosted by the Vic City Rowing Club on Elk Lake. Date TBA The 2010 FISA World Rowing Masters Regatta is September 9th to the 12th in 2010 on the Henley Regatta course in St. Catherines. Visit www.2010FISAworldrowingmasters.com for more information. There will be no Canadian Masters National in 2010 in an effort to encourage Masters to attend the FISA World Masters.

The Henley Master portion of the regatta is to be moved to the Sunday prior to the other events – in 2009’s case August 2nd 2009.

Canada Games (PEI 2009)

Originally a test regatta was scheduled to happen at the end of June 2008

however the host group feels they need the summer to generate some interest in the sport to hold an effective regatta and that the few rowers that do reside in P.E.I are away at school at that time and will be unable to help or participate. Also, permission to hold an event on the body of water that is slated for Canada Games 2009 needs permission from Fisheries and Environment Canada which takes about 10 months to acquire. The options were to hold a test regatta in August 2008 on an alternate site just to introduce the sport to the Island and then hold a test regatta in June 2009 on a buoyed course on the real site. Neither of these options turned out to be viable. The site of the regatta has been changed. It will be 1200 meters in the same location as canoe/kayak. A test regatta on this alternate site is to happen mid May 2009.

National Rowing Championships (NRC)

The Regatta was held September 26/27/28th, 2008 at Fanshawe Lake in London. The fixture for future NRC regattas shall be the last Friday/Saturday/Sunday of September. September 24th to the 27th for the 2009 NRC.

Guidelines were established and approved by the Board for future NRC regattas. The following specifications were accepted:

- a. The standard minimum course length for hosting the NRC shall be a 2000m racing distance. A course length of 1800m could be considered if other aspects of the venue met the infrastructure requirements. A 1500m course, however, shall not be considered.*
- b. The minimum number of lanes shall be seven i.e., six plus an “up” lane.*
- c. The minimum lane width should be 13.5m. A course with lanes 12.5m wide could be considered.*

- d. A true Albano buoy system with buoy spacing every 10m is preferred to hold a NRC. The minimum acceptable lane markings are seven lines for six racing lanes with buoys spaced 12.5m apart.
- e. No stream on the race course is preferable. Any stream existing should be so slight as to not give rise to unequal conditions on the different lanes.
- f. A starter's tower located above and behind the start line is preferred. If this not available, then at an absolute minimum, sound speakers must be located on each starting platform to allow each crew to hear the start signal at the same instant. A light system, in conjunction with the audio system, is preferable over an audio only system.
- g. Start pontoons with adjustable fingers to allow the bows of boats of different classes to be aligned on the zero line so that each class races over 2000m exactly, is preferred. An absolute minimum requirement is that in each race the boat bows can be aligned evenly. The start pontoons, therefore, would need to be designed to accommodate this requirement. A proper sighting device would need to be provided for the judge at the start/aligner.
- h. Start pontoons for 1000m Adaptive races would be required.
- i. Steering aids in the start zone are preferred.
- j. Interval timing for each 500m is required.

The following events were approved for inclusion in the NRC championships:

Races shall be held for the following able bodied boat classes: single sculls (1x), pair (2-), quadruple sculls (4x) and eight (8+). Recommendations for the Adaptive events will be forthcoming but most likely for adaptive competition the Leg, Trunk and Arms Mixed pair (LTAMix2-) and the Arms only single sculls for men and women (AM1x), (AW1x) will be the types of events for the next few years. The RCA age categories of Senior, Senior B and Junior shall be utilized in the able bodied boat classes except in the quadruple sculls and eight, which shall be open.

In addition to the above events, Canada Games age eligible double sculls events for men and women shall be held. These races will aid in the identification of future Canada Games and Under 23 athletes. The age limit shall be the Canada Games age limit minus one year of age for each year the NRC is distant from the subsequent Summer Games year. For example, in 2008 the maximum age of the 2x entrant would be under 20 years as of December 31st 2008; for the 2009 NRC the maximum age would be under 17 years as of December 31st 2009. Since these events are not recognized events in the Rules of Racing they will not be recognized the same as the other events until such time the Rules of Racing change (2009).

The weigh-in protocol for athletes as described in the FISA Rule 24 shall be followed at the NRC. The FISA maximum weight for a single sculler (male 72.5 kg., female 59 kg.) shall be permitted in the lightweight single sculls events as well as in the lightweight pair oared events. The quadruple sculls, eight and the Canada Games age eligible double sculls shall not have weight class events.

The events at the National Rowing Championships shall be (not in order of competition):

Women Single Sculls		W1x
Lightweight Women Single Sculls		LW1x
Under 23 Women Single Sculls	BW1x	
Under 23 Lightweight Women Single Sculls		BLW1x
Junior Women Single Sculls		JW1x
Canada Games age eligible Women Double Sculls		CGW2x
Women Pair		W2-
Under 23 Women Pair		BW2-
Junior Women Pair		JW2-
Women's Quadruple Sculls (open)		W4x
Women's Eight (open)	W8+	
Men Single Sculls		M1x
Lightweight Men Single Sculls	LM1x	
Under 23 Men Single Sculls		BM1x
Under 23 Lightweight Men Single Sculls		BLM1x
Junior Men Single Sculls		JM1x

<i>Canada Games age eligible Men Double Sculls</i>	<i>CGM2x</i>	
<i>Men Pair</i>		<i>M2-</i>
<i>Lightweight Men Pair</i>		<i>LM2-</i>
<i>Under 23 Lightweight Men Pair</i>		<i>BLM2-</i>
<i>Junior Men Pair</i>		<i>JM2-</i>
<i>Men's Quadruple Sculls (open)</i>	<i>M4x</i>	
<i>Men's Eight (open)</i>		<i>M8+</i>
<i>Arms only Women Single Sculls</i>		<i>AW1x</i>
<i>Arms only Men Single Sculls</i>		<i>AM1x</i>
<i>Legs, trunk and arms Mixed Pair</i>		<i>LTAMix2-</i>

The following progression system was also established:

On the Friday, the time trials for the small boats would be held. On Saturday, the semi-finals and finals in these events would be held. Sunday, the time trials, semi-finals and finals for the quads and eights would be held. There shall be no repêchages at the NRC. The fastest twelve boats in the time trial would advance to the A and B semi-finals and then to final A and B. Crews placing 13th and slower in the time trial would be placed directly into final C, D, E etc.

The following "Right of Entry" was established:

The NRC shall be open only to entries received from RCA member provincial rowing associations. Athletes training at the national team training centres shall enter the NRC under the colours of their respective provincial rowing association.

The provincial rowing associations shall pay the entry fees for all of the athletes wearing the colours of their provincial association, including the national training centre athletes rowing for their respective province. The province will supply the provincial singlet to each athlete rowing for it. The national training centres shall cover the transportation, accommodation and meal expenses for the national training centre athletes who compete at the NRC.

Athletes shall row in their provincial colours, including when competing in composite boats.

Composite crews may be made up of any combination of athletes representing any combination of provinces, without restriction. Composite entries of provincially based athletes for the pairs a doubles event shall be made at the discretion of the provinces making the entry(s). Composite entries of national training centre based athletes for the pairs events shall be made at the discretion of the national training centre coaches. Composite entries for the quads and eights shall be made at the discretion of the provinces and in consultation with the national training centre coaches if national training centre athletes are involved.

There shall be no limit on the number of athletes per province, nor the number of entries a province could make in any one event.

Competitors would be limited to compete in one event per day except when combining into a quadruple sculls or eights events or the Canada Games age eligible double sculls events.

There shall be no limit on the number of entries per event and time/performance standards would not have to be met to for a province to make an entry. This may need to be reconsidered as the regatta grows.

There shall be no minimum or maximum age to compete in the NRC.

A club registration cut-off date to prevent a province from "stacking" crews, will be used for NRC entries.

Infrastructure Requirements were also established and a formal bid process was held for the 2009 regatta. A finished bid document was presented to the Executive/Board for its review by June and released July 7th. Submissions to the S&EC were due September 2nd. The S&EC would have a month to review the bids and make a recommendation by September 30th for the October 4th Board meeting. The successful club is the Montreal Rowing Club to hold the NRC's for 2009, 2010 and 2011. The Board will ask Members to ratify at the 2008 AGM.

There is still one item about the National Rowing Championships that are still outstanding and that is the NRC Regatta Manual. The task of writing a manual has been assigned to the S&EC with

assistance from the Domestic Development officer – Sport Technical, and input from the Umpires Committee (and the Masters Committee if the manual is to be generic). A realistic time frame would be three to four months from the date the NRC structure, format and infrastructure requirements are approved and I presume work will commence on that after the RCA AGM (if not already).

Olympics and Paralympics

Of course all at RCA board/executive and office are exceedingly proud of our National Teams accomplishments this past summer as we all are. The 2008 Olympic and Paralympic Regattas DVD are available for purchase. This DVD includes all 14 Olympic finals plus all four Paralympic finals from Beijing. The DVD can be ordered through FISA's licensed merchandise partners at www.worldrowing.com/merchandise. Strategic plan for the next quadrennial will be presented at RCA's AGM.

Domestic Coach Support

Rowing Coach conference is set for January 22nd to 24th in Montreal. RCA organizes and sponsors this conference.

Development

RCA has an impressive "Rowing for All" Committee that has produced templates on "how to" do certain programming and seem willing to help with any initiatives.

A "Recreation Centre" has been developed and is owned by RCA. It consists of a trailer with a number of training shells and oars. Its purpose is to be loaned out to provinces who apply for specific development initiatives. One such centre is shared by BC; Alberta and Saskatchewan (there is one other centres in the country for the Maritimes and one soon to be available for central Canada). Saskatchewan will have access to this equipment in 2010.

High Performance

RCA has hired a new High Performance Director to lead the program into the next quadrennial – Mr. Brian Richardson is the new Director. Up until now there has been no staff person in charge of high performance – much of the organization involved with that has been done by Ian Moss the CEO.

Commonwealth Rowing

Canada will host the 2010 Commonwealth Rowing event. While India is hosting the commonwealth Games in 2110, there is no commitment from the Indian Rowing Federation to host the Rowing Championships. The location is yet to be determined. Bidding has begun.

I am looking forward to attending the RCA AGM which is to be held in Toronto December 5th, 6th and 7th 2008. RCA has expanded the program to include more than the business meeting. The new schedule has some great sessions planned and of course we will be celebrating the success of our Olympic and Paralympic Team.

Respectfully Submitted;

Ann Haver

Past President, SRA

SK well represented on RCA board

NRCs are now in Montreal the next 3 (not sure of the duration) years on the last weekend of September

RCA memberships are a mess! They recognize there is a problem and are working on fixing it. We will hear more at the AGM. It is a good thing to send club reps to hear what the RCA does and where our money goes to.

The Recreation equipment will be ours in 2010

Questions – Ann's job is very difficult in dealing with RCA. Good job to Ann & Peter along with Brenda. Expression of appreciation to them for their work at the RCA level.

CGs – support people who have seen the games were at the winter games, not the summer games. They, so far, have not asked for any help from outside the community.

3.8. Club Reports

3.8.1. Saskatoon

Saskatoon Rowing Club AGM Report

November 2008

This has been a very successful year for the Saskatoon Rowing Club . Karen Taylor is completing her first year as president and has welcomed new members to the executive: Cathy Jeffrey on membership and Lis Baldo as secretary. Returning board members include Dave Woytowich as webmaster and newsletter chair, Carolyn Paterson and Erin Smith-Windsor in fundraising, Wes Champ as VP, Wendy Gore Hickman as director at large, Terry Craig in public relations, John Haver as equipment manager, Daryl Start as city liaison , Lindy Antonini as treasurer and Grant Marshak as past president.

Savannah Taylor continues to serve as our club coach. She was joined this summer by Melanie Harding. They did an excellent job in filling our learn to row and journey classes, and had great success recruiting new members. They were supported by this year's very enthusiastic learn to row coaches.

Terry Craig coached the DOFY Program - Dynamic Opportunities for Youth, which our club has run for the past five years.

John Haver, the assistant provincial team coach has been working hard with our junior athletes. They had a busy and very successful summer. A lot of hard work is ahead as they gear up for the Canada Summer Games in PEI next summer.

Our athletes, including junior, seniors, masters and recreational, competed in CSSRA, Junior National Trials, Western Canada Sprints, Alberta Open, NWIRA in Kenora, Can Am Mex in Oklahoma City, Royal Canadian Henley, Prairie Rowing Championships, Head of the Saskatchewan and National Rowing Championships.

This year we hosted two regattas: Prairie Rowing Championships in late August and the Head of the Saskatchewan at the end of September.

- 4 boats were christened at the Head of the Saskatchewan

**The George Anne after Mrs. Murray for her generous support of the club*

**The G. Marshak after Grant Marshak our past president*

** The T.J.Ouellette after Tim Ouellette past president*

** The Siobhan McL – after Siobhan McLaughlin our former provincial head coach.*

The club is looking forward to a great 2009 with the Canada Summer Games being held in PEI and the World Masters Championships being held in Australia.

The Saskatoon Rowing Club would like to thank SRA and their executive members for a strong partnership and their continued support of rowing in Saskatoon.

Thank you to the coaches and board. It is nice to know and see how hard people work for our kids. Thank you to Brian Firor for his dedication to teaching us to be good umpires.

3.8.2. Regina

Hard copy available

-AGM in Jan 2009

- outsourcing of booking
- journey program
- Bob Ellard awarded the SK Merritt award
- Karen Hamelin attending the RCA AGM

3.8.3. Prince Albert

No report

- Tanja Table has been involved in board meetings through out the year

Umpires Report

Report to

Rowing Canada Aviron Umpires Committee Saskatchewan Rowing Association 22 November, 2008

Overview

There were 3 regatta's held in the province.

- *Regina Sprints – Run in early June with 5 certified umpires (Saskatchewan) and 2 associate umpires (1 Saskatchewan – 1 Alberta)*
- *Prairie Championships (Saskatoon) - Run in Mid August (originally scheduled for July but could not find enough umpires) with 4 certified umpires and 1 associate umpire.*
- *Saskatoon head race – Run at the end of September with 2 certified umpires and one associate umpire.*

In Late May, two associate umpires from Saskatoon passed the umpires exam to become fully certified. Another associate from Saskatoon will be writing his exam in late spring 2009 before the first regatta of the year.

An umpire's clinic was held in Regina at the end of May. Two new associates joined the ranks as a result (Morgan Kirzenger and Brenda Desnoyer).

There is still a need for the development of rowing umpires within the province of Saskatchewan.

At present we have 6 certified umpires (one of whom has been in-active for a couple of years) and 3 associate umpires.

1.0 Safety Issues

Safe operation of regattas held in Saskatchewan is of paramount concern. Under the direction and guidance of the RCA's Safety and Events Committee, the RCA sanctioning process was followed for all events in Saskatchewan.

As a component of sanction, monitoring of current and impending weather conditions must continue to be stressed. Severe electrical storms are frequent seasonal concerns.

2.0 Umpires' Development

The need for the development of rowing umpires within the province of Saskatchewan has not changed, although there has been progress in increasing the number of certified and associate umpires. Two umpires became certified in May and two new associates joined the ranks as well. One Associate from last year's clinic will be taking the exam before the regatta season in 2009. Clubs must continue to recruit new candidates for umpiring.

In Dec 2007, RCA completed the re-certification of umpire trainers at it's AGM in Ottawa. Brian Fiori is the certified trainer for Saskatchewan, Alberta and Manitoba. Brian conducted clinics in Regina (May) and Winnipeg (July) as well as worked with associate umpires in Edmonton (May) and Calgary (June).

As part of his duties with the RCA umpire committee, Brian travelled to San Diego to attend a Chief Referee's training session conducted by US Rowing.

3.0 Attendance at National Regatta's

Saskatchewan was well represented at the national level this year.

Dave Woytowich attended the Henley Regatta
Wes Champ and Brian Fiori (assistant chief umpire) attended the National Rowing Championship in London Ontario.

Dave Woytowich attended the NWIRA Regatta in Kenora, Ontario.

4.0 Equipment

A request was made to the Saskatchewan Rowing Association for the purchase of some additional equipment (referee's kits), as well as some maintenance on the existing kits.

5.0 Activity

Saskatchewan umpires participated in the following regattas in 2008.

Umpire training	Edmonton	Alberta	24		May	Fiori
Regina Sprints	Regina	Saskatchewan	7		June	Fiori, Bansescue, Farago, Champ, Woytowich, Kirzenger(A), Mckay (A)
Calgary open (training)	Calgary	Alberta	28		June	Fiori
Northwest	Kenora	Ontario	25	26	July	Woytowich
Henley	St Catherines	Ontario	5	9	August	Woytowich
Prairie Championships	Saskatoon	Saskatchewan	23		August	Fiori, Farago, Champ, Woytowich, Grainger(A)
NRC	London	Ontario	28	30	September	Fiori, Champ
Saskatoon Head Race	Saskatoon	Saskatchewan	4		October	Champ, Woytowich, Grainger(A)

6.0 Discussions for Umpires Committee

SRA needs to recruit umpires on an on-going basis

Umpire kits need a home to stay over the winter months, they could stay in the storage room at Cynthia St. Question- could there be 2 sets of equipment? We need equipment, but is just as easy to have umpires bring the equipment with them from the centres.

We need more umpires

Thank you to Brian to all his work

Motion to accept reports: Kelly, second Wes

4. Old business
5. Election/appointment of Directors
2 position for election: VP Dev Terry Craig, VP Programs Garrett Mathiason have been nominated
Nominations cease Terry & Garrett have been voted to the board
6. New business
 - 6.1. Draft 2009-2011 SRA Sport Profile
No draft available, item to be deferred
 - 6.2. 2008 audit
 - 6.3. Date for next board meeting to be discussed
 - 6.4. Clubs in province, SRA to be encouraged to start a club in Lloydminster. This would give us another zone. Lloydminster might be a good place to start.
 - 6.5. NW needs a treasurer, if anyone is interested please let them know
 - 6.6. 5-6 umpires is a really great thing, good job to Brian for encouraging them
 - 6.7. Thank you to the 2 John's and SRA, the parents are very involved at least in Regina. There is a bigger parental involvement than ever before. Good job John's!
7. Adjournment
Motion to adjourn: Kelly