

SRA Athlete Assistance Program

Purpose:

To provide financial support to qualified Saskatchewan athletes in pursuit of their high performance goals.

Description:

The Saskatchewan Rowing Association's (SRA) Athlete Assistance Program is made possible through funding grants from Saskatchewan Lotteries Trust Fund as administered by Sask Sport Inc. Athletes qualify for this assistance by their performance in a number of competitions and training activities, and by maintaining competitive membership in a Saskatchewan rowing club. "Athlete Funding" is provided to athletes who apply and qualify. "Special funding" is granted for one-time or special circumstances as approved by the High Performance Committee.

Eligibility:

1. Athletes who are members in good standing of a Saskatchewan rowing club.
2. Athletes who qualify for Athletes Assistance through the criteria described below must sign an agreement to compete for a position on the provincial team for which the athlete is eligible and to represent Saskatchewan, if selected to the provincial team, in rowing the following year.
3. Athletes must identify in written form how they plan to make a contribution to their home club throughout their Athlete Assistance year. (helping with LTR, etc)

Criteria:

Points accumulated between November 2007 and November 2008 through the following system, will be allocated for participation and performance in racing and ergo meter testing. Please use regattas participated in this season only!

SRA 6000 Meter Tests (1 point for completion of each test) *

November '07 _____
December '07 _____
February '08 _____
March '08 _____

SRA 2000 Meter Tests (1 point for completion of each test)*

February '08 _____
May '08 _____

RCA Erg Monitoring Program (1 point for completing and submitting all RCA tests)

Regatta Results:

CSSRA (2008)

(1 point for making a final; 1 point for a win; +1 if win is in a single or pair)

event _____ Point(s) _____
event _____ _____
event _____ _____

Regina Sprints (2008)

(1 point for a win; +1 if win is in a single or pair, maximum of 3 points awarded at this event)

event _____ Point(s) _____
event _____ _____
event _____ _____

Participation in National Team Trials (Junior/U23 or Senior A) (2008) (1 point) _____

Saskatchewan Provincial Team Trials (2008)

1 point for making the team _____
1 point for top male or female port and starboard sweep _____
1 point for top male or female sculler _____

Alberta Open (2008)

(1 point for a win; +1 if win is in a single or pair, maximum of 3 points awarded at this event)

event _____ Point(s) _____
event _____ _____
event _____ _____

Prairie Championships (2008)

(1 point for a win; +1 if win is in a single or pair, maximum of 3 points awarded at this event)

event _____ Point(s) _____
event _____ _____
event _____ _____

Tops & Bottoms (2008)

(1 point for a win; +1 if win is in a single or pair, maximum of 3 points awarded at this event)

event _____ Point(s) _____
event _____ _____
event _____ _____

Western Canada Summer Games (2008)

(1 point for a win; +1 if win is in a single or pair, maximum of 3 points awarded at this event)

event _____ Point(s) _____
event _____ _____
event _____ _____

NWIRA (2008)

(1 point for a win; +1 if win is in a single or pair, maximum of 3 points awarded at this event)

event _____ Point(s) _____
event _____ _____
event _____ _____

Henley (2008)

- 1 point for making a final if >12 or <36 entries
- 1 point for making semi-final if >36 entries
- +1 point for winning U23 or Junior Event
- +2 points for winning a Senior or Elite event
- +1 point for winning 1X or 2-

event _____ Point(s) _____
event _____ _____
event _____ _____

RCA National Rowing Championships (2008)

1 point for Bronze _____
2 points for Silver _____
3 points for Gold _____

Canadian University Championships (2008)

(1 point for making a final; 1 point for a win; +1 if win is in a single or pair)

event _____ Point(s) _____
event _____ _____
event _____ _____

National Team

Saskatchewan Athletes making any National Team but not carded (5 points) _____**

Funding:

Application deadline is **November 21st 2008**. The High Performance Committee will review the applications by each athlete. Athletes with less than 10 points will not be considered for funding. Special consideration will be reserved for special "injury" or illness cases. Should the High Performance Committee deem that any of the injury or illness cases are not worthy of carding, the next names on the point list will be considered.

*If an ergo meter test is not supervised by a certified coach, it must be witnessed and results signed by a club official. Results should be forwarded to either the SRA office in Saskatoon: saskrowing@sasktel.net or Provincial coach John Wetzstein: miss_nq@mac.com
Assistant Provincial coach John Haver: haver_john@hotmail.com

**Carded National Rowing Team Saskatchewan athletes are ineligible for SRA Athlete Assistance – however SRA will reimburse competitive registration fees if the athlete registers with RCA through a Saskatchewan Rowing Club.