

SASKATCHEWAN ROWING

YEAR IN REVIEW 2020-2021

2020-2021 Board of Directors

President: **Bryan Hillis**

Past President: **Vacant**

VP Admin: **Trudy Einarsson**

VP Development: **Vacant**

VP Programs: **Sheila Leach**

VP High Performance: **Willy Bingham**

Director at Large: **Joel Bancescue**

Lloydminster Club Rep: **Michelle Lopez**

Prince Albert Drifters Club Rep: **Tanja Tabel**

Regina Rowing Club Rep: **Chad Jedlic**

Saskatoon Rowing Club Rep: **Bruce Acton**

Staff

Director of Operations: **Nicole Golden**

Provincial High Performance Coach: **Andrew Knorr**

Provincial Coach Regina: **Kate Morstad**

Summer Development Coach: **Mya Kelln**

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President's Report

Last year my report spoke of the previous year being one of transitions. And while that was true, this year was no less a year of transition. Having said that, I am quite confident that we are in a better place this year than we were last year at this time with the transitions that have been made and the relative stability we have now.

1. Shortly after our AGM last year, our Executive Director of less than one year, Linda Coe-Kirkham, resigned. After a review by our then VP Administration, Karen Tilsley, we developed the position of Director of Operations and, fortunately, our previous Director, Nicole Golden, became available and agreed to take on this position. With her knowledge of rowing and her expertise in the operation of SRA, Nicole has proven to be a tremendous asset as she immediately took ownership of so many difficult issues in a particularly difficult time caused by Covid and the sudden resignation of her predecessor. Nicole also agreed to take on the part-time work of Development Officer. As a result of Nicole's work, our finances are in better shape, our programming, particularly in Development, is more established than any other in recent memory and our policies are slowly being reviewed and revised as necessary. I am extremely grateful to Nicole for her efficiency, her insights and her ability to keep us all informed of issues we need to consider now and into the future.
2. Other areas of our operation were not doing as well in the fall of last year. In early September, after extensive consultation with legal counsel and with Regina Rowing Club (RRC) representatives, we terminated the services of Coach Brenda Colby. Again, this development offered us the opportunity to review our coaching structure. Andrew Knorr was also reviewing his vocational goals and indicated that he was interested in a more full-time job as High Performance Coach and more responsibilities not only in training athletes and developing athlete-centred programs but also in developing coaching within the province. As a result, we created the position of Head Technical Sport Developer and High Performance Coach (HTSD), a full-time position that Andrew Knorr will assume at the beginning of July 2021; until then he worked at this role in an 80% capacity while he fulfilled his contract with the Saskatoon School Board. Another position, Provincial Head Coach Juniors, Regina, was created and filled by Kate Morstad also last fall. Kate reports to Sarah Cooke, RRC Vice-President of Programs, and me, as the SRA representative, while Andrew mentors Kate in her coaching responsibilities. When Andrew assumes full-time duties, his work in developing a coaching program for the whole province will ramp up, filling a gap we have developed in Saskatchewan rowing over the past few years.
3. As the SRA Board considered these changes, it was obvious that we needed to consider our compensation packages. It was suggested it would be good to know what other provinces were doing. Nicole took on the responsibility of a national coaching compensation survey in which the members of Rowing Canada's (RCA) Provincial Advisory Committee (PAC) were very interested. Though the survey was not completed by as many clubs as we had hoped, we did get good enough data to help us determine that our proposed rates of pay for our coaches and staff was competitive. Again, I thank Nicole for the hours of work she put into this survey and compilation of results.
4. I have been able to avoid the topic of Covid-19 this far into my report but it is difficult to continue without saying how much it affected our sport this past year. In Saskatoon, rowers were on the

water late May, and a few weeks later on across the rest of the province and then only in singles and household doubles. There was some talk of larger crews towards the middle of October but by then our on-water season was almost over. Programming at all our clubs took a big hit as Learn-to-rows, high performance camps and just about all other forms of rowing and mingling were cancelled except for singles and household double rowing. Our financial situation could have been quite dire except that Sport Canada (through RCA) and SaskSport really stepped up with emergency funding. As a result of this extra funding and reduced expenses due to the mandated minimalist programming, SRA's budget proved to be quite healthy and the results were passed on to the Clubs whose programming had suffered greatly. We are very grateful to Sport Canada, RCA and SaskSport for their unwavering support of rowing in Saskatchewan. As a result of this support, SRA was able to address some equipment needs in terms of trailers, ergs and even a new boat. Nicole's expertise in determining how we could legitimately move funds around to take full advantage of this funding is also greatly appreciated. I'm also extremely grateful to all those people in Saskatoon (Andrew and the SRC executive) and Regina (Kate, Marc Ell, Chad Jedlic and others) who ensured that winter erging could continue in their locales and elsewhere via Zoom in places like Lloydminster.

5. In the midst of all this, our 3 year assessment by SaskSport took place. Due to Nicole's good work in preparing the documentation and the good work of the SRA Board as a whole, in devoting time to strategic thinking especially development issues in the province, our assessment was stronger than our last assessment and our SaskSport funding will not decrease in the immediate future at least. What effect Covid will have on the Lotteries and funding to sports in Saskatchewan in general is yet to be seen but we are holding our own in the province relative to other sports.
6. RCA has developed a suite of policies called the SafeSport policies which is becoming the model for other sports in terms of ensuring that policies and processes are in place to ensure that harassment, maltreatment, and other forms of psychological, physical, and sexual abuse are not tolerated in our rowing environment. We have been made fully aware of the development of this suite of policies from the beginning and have had our chances to give input. In Saskatchewan, our situation is somewhat different from most other provinces in that SaskSport already had a suite of policies relative to this topic. We are in the midst of determining how SRA and its member clubs will follow either or both of these policies. August 1, 2021 looms large as the date when we must have our processes in place relative to this. Clubs are being encouraged by our liaison in this area, Nicole Golden, to ensure that they have people in place in their clubs both to educate and assume leadership positions relative to the processes being proposed. Nicole will provide a more complete update at the AGM relative to this topic and our Board will have to ensure that even through the busy summer, we are working towards this Aug 1 deadline for our compliance with the policies.
7. Other policies relative to this topic have already been adopted by the SRA Board (Screening policy and Code of Conduct policy). Nicole and I know that we need to review our other policies both with respect to the incoming changes around SafeSport and to ensure that all our policies are up to SaskSport standards. Related to this, we also established a new performance evaluation system for our staff which was implemented for the first time last fall and which was thought to be worth continuing at least another year. Our auditor is asking questions about the Board's governance regarding accounting and fraud so we may have work to do there. I'm grateful that Trudy Einarsson has joined the Board as VP of Administration and has agreed to consider how we might best address these issues of governance.

8. I have already indicated that there have been huge strides forward in developing the sport of rowing in the province, largely due to the leadership of Nicole Golden in her position of Development Officer. The summer coaches we have hired to implement Nicole's program include Lauren Matai - May to July (Saskatoon and area), Rogan Noble (Regina and area) and one other part-time person working out of Saskatoon from July to August yet to be named. We welcome them to the team and look forward to the results of exposing more people to our amazing sport over the summer.
I also want to mention the exciting Adaptive rowing program that Nicole and Andrew, with SRC Coach Elana Gelineau, have developed for Saskatoon athletes that will be shared via Zoom with a Regina athlete. These are truly new waters for us in Saskatchewan, at least of late. I look forward to SRA developing relationships with other demographics, as we try to show people that rowing can be a sport for everybody.
9. There have been disappointments this year, aside from the reduced activity resulting from the pandemic. Largely, as a result of reduced participation relative to other sports, rowing is currently not part of the 2025 Canada Summer Games, the first time in recent memory this has occurred. It is obvious then, that our efforts at increasing our participation levels here in Saskatchewan are very well-placed not only relative to SaskSport funding but also to the developing strategic plan of RCA where development will be a much more central emphasis than it has been in the past.
10. Finally, but certainly not least, I want to note the great work and efforts of our SRA Board. You have all been available when we needed to talk and have ensured that when issues arose, you gave them your full attention. I especially welcome our new Directors, Trudy Einarsson (VP Administration) and Sheila Leach (VP Programs). It is also my understanding that Rikia Trischuk is willing to assume the duties of VP Development; assuming she is elected, she will be assuming this position at an exciting time in the Development of rowing in Saskatchewan.

With the hope that all the current Directors will maintain their places on the Board, the SRA is well-positioned to move into the future with confidence not only in our great sport but in a very capable organization. Thanks to all of you for making the SRA what it is today.

VP Administration Report

2020-21 Highlights

- I joined the organization in January 2021 in the Role of VP Administration. The position reviews the Financial standing and practices of the organization and provides feedback as to the Risk of Fraud in the organization.
- In July of 2020, Linda Coe Kirkham resigned as Director of Operations. Nicole Golden rejoined the organization in the dual role of Director of Operations (25 hours/week) and Development Officer (10 hours/week). With Nicole's previous experience, the transition back in was seamless.
- Overall financial position:
 - SRA has \$34,564 in long term investments (Sport legacy fund)
 - GIC at TD bank \$50,138
 - Cash assets are at: \$55,082
- Statement of Operations:
 - We ended the year with an operating surplus of \$408. This was a very unusual year with COVID so a number of spending plans were created to support the clubs through the year and still achieve our fiscal responsibility to our funders.
 - Nicole successfully applied for and received two Emergency COVID Funding allotments from the Government of Canada through SaskSport totaling \$37,940. These funds and an additional \$13,690 from our general operating budget were dispersed to the clubs to help offset the challenges of reduced membership and activity due to COVID restrictions. Clubs were asked to submit spending plans and the Board of Directors reviewed the requests and recommended an eventual disbursement plan.
 - Nicole Golden also successfully acquired new funds through the following grants:
 - 1) Adaptive Sport Equipment Grant – \$5,500
 - 2) Adaptive Sport Program Grant - \$2,000 moved to 2021-2022
 - 3) Jeux Canada Games Grant - \$4,000 moved to 2021-2022
 - 4) Rowing Canada – Umpire Equipment Support - \$5,000
- Also notable is a reduced spending in Excellence. We attribute this to a lack of regattas for our athletes to attend, Coach Staff changes and a general shift in funding to participation due to COVID. Based on our overall expenditures, we continue to be underspent in the area of Capacity Interaction, and our funders encourage us to increase this to show a balance between the three pillars: Excellence. Participation and Capacity Interaction.
- Eligible expenses in each pillar are outlined in SaskSport [Annual Funding Guidelines](#) available on their website
- We are expected by SaskSport to have 50% of operating costs in cash reserve so that we could continue basic operations should SLTF become unstable. We continue to see this as a priority and are looking at ways to increase our self help.

Budget and SLTF Annual Funding

- New budget for 2022-2023 and revised 2021-2022 budgets were submitted to SaskSport in February and subsequently approved by the SaskSport Funding Committee.
- SaskSport Lotteries Trust Funding – past year for comparison and future two years approved by SaskSport

Grant Type	2020-21	2021-22	2022-2023
Annual Funding	\$175,900	\$175,900	\$175,900
HP Coaching	\$47,800	\$45,000	\$45,000
MAP	\$7500	\$7300	\$9500

Financial Management

- Strategic Planning exercise in January ensured that each VP presented a comprehensive spending and action plan.
- Revenues:
 - SLTF
 - Annual Funding: Fully expended per grant guidelines
 - HPCC Grant: fully expended plus 1/3 required matching per grant guidelines
 - MAP Funding: fully expended and reports received per SRA MAP policies
 - Self-help: down due to COVID
 - Membership fees: Down slightly due to COVID
- Expenses:
 - Overall expenses were in line with budgeted (see spending profile per budget and per actuals in audited statements in the two charts below)

Audit

- The March 31, 2021 Financial Statements and Auditor Report is completed and submitted for adoption.

Motion:

To adopt the 2020-21 Financial Statements and reports from the auditor.

- It is proposed to keep the same auditor for the March 31, 2022 audit.

Motion:

To appoint Marcia Herback as auditor for 2021-22 fiscal year.

2021-2022 Suggested Focus

- 1) Grow Operational Reserve:

- a) Increase operational reserve through surplus budgeting
 - Achieve surplus through increased self-help revenue through fees, fundraising, sponsorships and grants
 - Ensure the SLTF grant is expended fully on eligible expenses if grants are used to offset budgeted activities
- 2) Budget oversight:
 - a) Continue to engage regularly with VP's and President to ensure operational area spending reflects SRA strategic plan initiatives and multi-year operational plan and is on-track throughout the fiscal year and submit revisions as needed.
- 3) Further Governance Development:
 - a) Examine and development processes in conjunction the Director of Operation to ensure accountability and transparency with regards to funding and spending.
 - b) Of particular focus with regards to grant application and assessment of funds disbursed in accordance with grant criteria.

VP Programs Report

Summary Umpiring

RCA and umpires have been busy during the off season.

- Saskatchewan rowing association had 2 individuals attend the L1 training session earlier in the spring. The following individuals attended the L1 Assistant Umpire clinic on April 11; Travis Laycock, Grayson Laycock and Trevor Mitchell. I welcome them to the team.
- Rowing Canada has officially changed their logo. It is highly recommended that the umpires display the current logos. Rowing Canada has provided financial support to umpires to offset a portion of the costs to keep current.
- SRA is scheduling a virtual refresher course for L2. This will allow the Saskatchewan umpires to be current. Umpires in the province will then be coordinated for future training.
- A survey for umpires to complete was sent out by Rowing Canada. The results were provided to the PRA in a virtual meeting. RCA requested response from the PRAs on the survey results. This will assist RCA and the PRAs to develop a plan for the future of umpiring.
- May 28th is the scheduled date for the L3 exam. SRA has one candidate which will be writing the exam on this date.

Coach Training

MED – SRA hosted a free Making Ethical Decisions workshop for Saskatchewan Coaches in March.

RCA Weekend #1 – SRA hosted a three day virtual RCA Coach Weekend #1 clinic at the end of March 2021 led by Garett Mathiason and Martin George. It was successful with 9 coaches participating and 4 Learning Facilitators(LF's) observing including our own Tanja Tabel. Many thanks to Garett Mathiason who continues to engage our coaches in both training and ongoing mentorship. The amount of time and work that the LF's have had to do in order to retrain to offer these workshops virtually is substantial and we recognize and are grateful to both the LF's and Rowing Canada for these efforts.

PARA Coach Mentorship - With the new Para rowing programming scheduled, several Saskatchewan coaches are benefitting from the experience of master coaches Martin George, Rowing BC and Sam Heron, National Para Rowing Program through ongoing coach mentorship and feedback.

Every Coach Certified - As part of Rowing Canada's every coach certified program, Saskatchewan coaches have been working on updating all their trainings through coach locker. We are extremely pleased that several of longtime volunteer coaches are engaging in these new trainings.

Coach Mentorship Program - Under the guidance of our Head Coach, Andrew Knorr, SRA continues to offer coach mentorship opportunities through such things as regular group Zoom coach check-ins, coach one-on-one feedback and coach program development input.

Provincial HP Head Coach/VP HP Report

General Summary of the 2020/21 Competitive Rowing Year

In March of 2020, a major upheaval in the way we operated as an organization occurred. The arrival of COVID-19 and the subsequent disruption of regular operations as we knew it played a major impact on the competitive landscape of rowing provincially, nationally, and internationally. Governments around the country began the implementation of restrictions that affected every sector of life, including sport.

Initially, our HP athletes were able to access the indoor resources (ergs) from their respective clubs, and Zoom practices became the norm for nearly two months. In late May, the province okayed the reopening of outdoor activity, and athletes were allowed to row 1x's only in small groups. A net positive from this initial activity was that more attention was paid to smaller groups and we saw the rise of some athletes who were struggling or perhaps late in their potential for performance. Restrictions waxed and waned throughout the summer, however, unlike many other provinces in Canada, Saskatchewan was, and still to this day, never shut down with regards to sport activity.

With the facets of social distancing from the virulent strains of COVID, competitions in Canada were eliminated entirely. In Saskatchewan we were able to host our own intraprovincial small boat championship (see notes below) and have Junior athletes compete in the first ever Virtual Canadian Indoor Rowing Championships (see notes below). The RCA National Rowing Championships were cancelled late in 2019, but will hopefully see a resurgence in 2021.

This has been a very difficult year of coaching as the HP head coach. With no goals related to racing on the horizon for well over a year, and the subsequent delay of the 2021 Canada Summer Games to 2022, keeping athletes engaged on the process has been, at times, challenging. However, being able to provide an outlet for our younger participants, even in the absence of competition, has been one of the most rewarding parts of the pandemic. To have a space for youth to continue to train and focus instead on mastery of skill, as opposed to mastery of racing, has been a true boon for our organization. While many other sports were shut down in the province, ours continued. The persistence of the sport, even in a province that is not well known for its abundance of water, is a true testament to the strength and steadfastness of our organization and its members.

Saskatchewan Small Boat Championship - September 2020

Athletes from Lloydminster RC, Regina RC, and Saskatoon RC participated in the first annual Saskatchewan Small Boat Championship in Saskatoon, SK. Junior and Master/Senior crews competed in small boats (1x's and 2x/-'s) over 1000m and 2000m distances. Crews were ranked based on their percentage of world gold medal standard. Please see the results below.

[CLICK FOR RESULTS](#)

Virtual Canadian Indoor Rowing Championships - February 2021

15 athletes from Saskatchewan competed for their respective clubs at the 2021 Virtual Canadian Indoor Rowing Championships. The event was held February 6-7 and was the first iteration of the event being held virtually. Results for the event were as follows:

U17 Women (63 entries total)

5th – Maya Marshall (SRC) – top Canadian finisher

21st – Mya Kelln (SRC)

25th – Brook Reiber (SRC)

26th – Megan Kish (SRC)

40th – Elsa Lissel-DeCorby (SRC)

53rd – Claire Naylor (RRC)

U17 Men (55 entries total)

9th – Max Pally (SRC)

12th – Grayson Laycock (SRC)

15th – Max Waslen (SRC)

19th – Boedy Vanthuyn (SRC)

34th – Will Mitchell (RRC)

U19 Men (30 entries)

7th – Elijah Lopez (LRC)

U19 Women (30 entries)

16th – Ellen Marion (RRC)

21st – Shelby Lane (SRC/LRC)

U23 Women (7 entries)

5th – Pepper Howe (SRC)

Regatta Update as of May 28, 2021

CSSRA Regatta - Cancelled

Regina Sprints - Cancelled

Alberta Open - Announcement coming soon

Royal Canadian Henley Regatta - Announcement expected in first week of June

Saskatchewan Small Boat Championship/NRC Trials - September 5, Saskatoon

RCA NRCs - November 11-14, Elk Lake

Regina Head Coach Report

Summary

COVID-19 has undoubtedly had impact on the training we do and starting in this position in the middle of a pandemic has certainly been a unique experience. This position was part-time at 20 hours per week until April 2021, allowing me to focus my efforts on the junior program through the winter. With significant restrictions on the capacity of sessions, the program goals focused towards continuing to provide a consistent and focused training experience to the athletes already in the program. The Regina Rowing Club rented a larger space to facilitate physically distanced training, and the junior program continued to adapt to meet the requirements of in-person training including wearing masks, limiting group size to eight participants, and increasing the required distance between participants from two to three meters. Due to a COVID-19 case in the juniors training group in December, we made the transition to online training immediately until we could have the facility professionally cleaned and those in the program had the chance to be tested. This instance did not result in any COVID-19 transmission within the club, and we returned to in-person training just over a week later.

Results

With the National Rowing Championships canceled, the only competition results since November have been the Canadian Indoor Rowing Championships. This event was hosted virtually for the first time, allowing for participation from across the country and around the world. We had a small contingent of athletes participate, with the remaining junior athletes participating in the Saskatchewan Indoor Rowing Challenge.

Results for the CIRC's are as follows:

<i>U19 Women- 31 Entries</i>	38 th - Ava Douville
16 th - Ellen Marion	53 rd - Claire Naylor
<i>U17 Women- 74 Entries</i>	<i>U17 Men- 60 Entries</i>
16 th - Brooklyn Schwab	34 th – Will Mitchell

Since CIRC's the Regina junior have continue to make significant progress and we look forward to testing this new-found speed in competition on the water when allowed.

Sport Development and Goals

With our ability to enter schools restricted due to COVID, we have relied heavily on word of mouth and self-promotion in the community to continue to grow our programs. We have seen strong interest with our Youth Camps and Adult Learn-to-Rows filling up quickly. A spike in COVID cases in Regina moved us to outdoor training earlier than we otherwise would have. Erging outdoors at the boathouse significantly increased our visibility and provided the opportunity for early community interaction and in-person promotion.

Rowing is uniquely positioned as an outdoor sport that can accommodate physical distancing. The Regina Rowing Club has certainly capitalized on that in attracting new participants during the COVID-19 pandemic. As the restrictions on group size ease and we can return crew boats, our capacity

within existing programs will increase substantially. My hope is that we can continue to build community and develop program resilience by integrating more new participants into our regular member programs.

Looking towards the Summer and Beyond

Growing the Club

As a club, we have had success in introducing new people to the sport of rowing. The challenge continues to be providing a positive experience to new participants that encourages member retention. This is a focus at both the Junior and Seniors/Masters Level. This year at the Junior Level we are offering three-day Learn-to-Row Intensives for older participants and weeklong half-day camps for younger participants. Both provide direct entry into our Junior Development Program which has been separated from the high-performance training group.

The Junior Development group provides an entry point to the high-performance training group. Through defining the pathway to high-performance more clearly, providing developmentally appropriate training and competition opportunities, and by creating a space where those who do not want to pursue high-performance sport can participate, we hope to grow membership through improved athlete retention.

At the Seniors and Masters level, we continue to provide small-group Learn-to-Rows. New this year is the option to book a private group Learn-to-Row, encouraging participants to join with their friends. Post Learn-to-Row, participants can move directly into regular Seniors and Masters programming, or join the Rowing League, coached by Nick Day. These sessions are focused on development and skill building and aim to create a more inclusive space for newer members to participate.

Developing Coaches

Developing coaches is critical for sustaining the growth of any club and continues to be a significant priority. Ellen Marion, Sarah Sweet, Lily Jedlic, Brooklyn Schwab, and Rogan Noble have all recently completed the requirements to become certified coaches. This summer, the aim is to provide them with opportunities to develop their coaching skills with the support of more experienced coaches.

I am currently at “in-training” status for my RCA coach certification and aim to be fully certified by Fall 2021. I hope to take part in the 2022 RCA Performance Coach Workshop in January and have completed 5 of the 7 required NCCP Modules for this certification to date.

Director of Operations/Development Officer Report

2020-2021 Highlights

Staffing - Rejoined the organization in August of 2021, in combined role of Director of Operations and Development Officer.

Successful Grants in addition to SaskLotteries

Para Sport Equipment Grant - \$5,500

Para Sport Program Grant - \$2,000 (Deferred to 2021-2022)

COVID Emergency Relief Funding – Minister of Canadian Heritage - \$37,940

Rowing Canada Grant - \$5,000

Jeux Canada Games Grant - \$4,000 (Deferred to 2021-2022)

Club Communication & Support - Continued SRA newsletter to membership and alumni. Working with clubs to increase social media presence of activity and share each other's activity across platforms.

Board Support, Governance and Risk Management - Working with VP's to ensure that their individual portfolio goals are being achieved through adapted spending plans, increased communication to stakeholders and club outreach. Cyber threats, fraud and other risk factors continue to be reviewed with the Board to ensure SRA is working with the best management practices.

Sasksport Communications - Extremely grateful to the leadership at Sasksport through this COVID experience and for the valuable bi-weekly townhall meetings for the PSO's to discuss a range of issues including, COVID restrictions, sport participation decline, insurance and risk management, funding opportunities and serving as a liaison/spokesperson for all sports to the Provincial Government.

Provincial Coach Support - Continue to work with both coaches to ensure that coach certifications are up to date, funding and grant opportunities related to specific activities is achieved and relations with Canada Games Council, Sport Medicine & Science Council, and others is timely.

Coach and Officials - Organized, marketed and ensured appropriate tracking of coaches in the locker. Every Coach Certified program is vastly improving the coach training implementation. Continue to work with individual coaches to assist them achieve their required certifications and with LF, Garrett Mathiason & Evaluator, John Haver, to achieve coach certification goals.

Development Officer Role -

Through the newly established development officer role, a significant investment of time and energy has been committed to establishing a full summer of programming with specific focus on Lloydminster, Prince Albert, Swift Current and the Lakeland district. In partnership, with Saskatchewan Parks, we are offering 10 Come Try It events over the course of the 2021 Summer. Much of this planning was completed in the 2020-2021 year.

We will have three Summer Development Coaches throughout the summer working to achieve the development goals at each club with specific focus on Lloydminster, Prince Albert and Swift Current.

Lloydminster Rowing Club Report

Summary

The LRC is excited to report that we have a new boat motor for our coach boat. Repairs and a new flotation system have been a major upgrade to our dock system. We have purchased a used double from Saskatoon Rowing Club and have created LRC swag to help promote our club within our community and surrounding area. We have had two athletes successfully complete the winter dry land season with support from Andrew Knorr and are now entering our water season. Both of our junior athletes are getting support from Andrew Knorr. The athletes will train between Lloydminster and Saskatoon this summer.

A date has been set for the Come and Try Event, June 12 and 13th. It will be hosted at Sandy Beach, Sk, which is located 4 km from our actual club however it will give us a lot of community exposure as our rowing club is secluded and not easily visible to the public. We are excited to have a summer student coach to continue to support our memberships growth and especially support our junior rowers. Full Day Camps are tentatively set for July 5-8 & July 26-29. Schools have been contacted about the traveling ergs with the help of Nicole Golden. Due to school covid protocols it was difficult to set dates, but contact has been made with future opportunities of coming to Lloydminster to host an event. Water season is looking promising with the Saskatchewan re-opening plan. Our main water season will start after our Come and Try event.

One exciting accomplishment is having one of our JR rowers recruited to row at the University Level. Elijah Lopez will row Brock University this fall.

Prince Albert Drifters Rowing Club Report

Winter Training Summary Prince Albert Drifters Rowing Club

In January 2021 we began winter erg training at Inspire30 Lifestyle & Fitness in Prince Albert. We collected all the club ergs at the studio and began advertising for winter training. We signed up 6 new members by the end of January and added a few more as we began training. Many of the members have not been on the water or previously trained on ergs.

The studio offered monthly memberships that included:

- 1 60 minute class per week of instructed training by our Personal Trainer
- Unlimited Free time in the studio to train on their own

The instructed classes included the scheduled workouts supplied by Saskatchewan Rowing, as well as strength training exercises to increase strength and endurance for indoor/outdoor rowing.

We have a total of 6 ergs in the studio as of May, and 10 members who attend their regular rowing classes in the studio. We continue to advertise and share our program on social media, and other places we can and look forward to continued growth of the club and our winter training.

Saskatoon Rowing Club Report

1) **COVID-19 and the Saskatoon Rowing Club**

Covid-19 defined the 2020 rowing season both on and off the water.

The 2020 on-water season was delayed and started in June because of Government of Saskatchewan, Rowing Canada and SaskSport mandated suspension of sport activities. When rules were relaxed the on-water rowing season started in earnest with singles rowing only. As the summer proceeded rules were relaxed and gradually members were able to row in larger crew boats by the end of the season.

No on-water rowing competitions were available to attend in 2020.

COVID-19 safety protocols were established at the start of the one-water season and maintain successfully through the indoor rowing season. The SRC is pleased we have not had a single reported case of COVID-19 among our members. A testament to the procedures put in place by our club manager and coaches, and the strong adherence to the protocols by our club members.

2) **SRC 2020/21 Board of Directors**

The Saskatoon Rowing Club held our Annual General Meeting on November 21, 2021. At the meeting a new Board of Directors was elected. The club has co-presidents in Rachel MacKenzie and Stu Walker, Treasurer -Morgan Fedrau, Secretary- Sash Broda, Bruce Acton- SRA Representative, Andrew Knorr – Equipment Manager, Elan Jacobson, David Urainetz and Travis Laycock.

The club was ably managed by Elana Gelineau for the 2020/2021 rowing year.

3) **SRC 2020/21 Financial Performance**

The Saskatoon Rowing Club was pleased to have a strong financial statement in 2020/21. Our financial results were due to strong membership, successful applications to the Canada Student Employment Grant, the SRA/SaskSport MAP grant and additional SRA/SaskSport grants, insurance payout for the damaged Doug Martin 8+, and various provincial and federal COVID-19 financial assistance programs.

4) The SRC purchased and sold club equipment throughout the year. Here is a rundown of our recent equipment purchase and sale activity.

- The SRC took possession of a newly reconditioned Hudson racing 8+. This boat was purchased with insurance proceeds from the damage Doug Martin 8+. Club members lead by Doug Zolinski were also able to repair the damaged Doug Martin 8+ and put in back into service for club use.
- With the generous support of the Sasksport/SRA and donations SRC purchased a new Hudson LW 2X. The club took delivery of the boat this spring.

- SRC was successful in the City of Saskatoon Sport Capital Fund Grant for the purchase of a RP3 rowing machine and 7 sets of oars, combination of Concept 2 skinny sculls and Bantam sculls.
 - SRC has purchased a number of new Concept 2 Ergs with generous financial assistance of SRA. The club has in turn provide 3 existing club ERGs to the SRA for development purposes. Our Club also sold 3 older ERGs to private buyers and used the proceeds to purchase additional ERGs.
 - SRC has purchased a new club coach boat and 15 hp outboard motor along with the purchase is the repair of an existing boat dolly.
- 5) SRA sold a medium weight double/pair (named Lindy Ellen) to the Lloydminster rowing club. After much work and a member survey the SRC Board has approved a new logo and club colors. The new club colors are blue, black and white. The logo was introduced May 2021.

Regina Rowing Club Report

The Regina Rowing Club endured the 2020-2021 year with club activity heavily impacted by covid-19 and associated restrictions. Programs were continually adapted to adhere to ever changing guidelines established by Rowing Canada and the Government of Saskatchewan. On-water new member programming was essentially shut down. The focus during the on-water season was enabling experienced members to row in singles or family crew boats. The priority was on keeping the training environment safe through social distancing, masking and rigorous cleaning protocols. Many thanks to the volunteers and coaches who helped ensure continuous programming both virtually and on-water.

In the fall of 2020, the RRC rented a large warehouse for winter training to provide a safe training space where athletes could maintain social distance. Our new member recruitment plan for the winter was heavily focused on offering 18-person erg classes complete with mic'ed up instructors, sound and projected video. After 2 sessions, the provincial government announced further restrictions limiting the size of classes – regardless of physical size of venue. Our new member programs were shut down and recruitment was limited. The new training space was well received by members, and the club is investigating indoor options for this coming winter.

The RRC sincerely appreciates SRA, SaskSport, the Government of Saskatchewan Business Response Team (BRT) and the Federal Government for the support funding and technical guidance those organizations provided during the covid period which has allowed the club to remain viable and safe.

In the fall of 2020, the RRC and SRA implemented a new structure for the provincial coaches. The RRC is pleased with the arrangement and supports the balance between development and excellence. The members and executive of the RRC greatly appreciate the work of Kate Morstad, Andrew Knorr and Nicole Golden. We look forward to this dedicated and capable team making their mark on the sport of rowing across the province of Saskatchewan in the years to come.





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