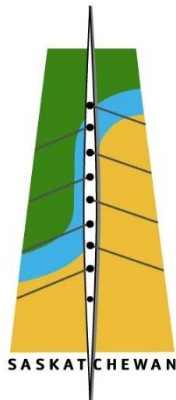


Saskatchewan Rowing Association

Officials & Coaching



Date of Board Approval

May 28, 2016

OFFICIALS

1. RCA Referee/Official Clinic

- 1) Objectives:
 - a. the candidate will have knowledge of and apply the rules of racing
 - b. the candidate will demonstrate knowledge of acceptable safety standards
 - c. the candidate will demonstrate a knowledge of the variables associated with rowing regattas
 - d. the candidate will demonstrate a practical ability to function under regatta conditions
- 2) Content:
 - a. referee/official self-assessment
 - b. clinic objectives and format
 - c. practical application of the rules of racing
 - d. summary of rules
 - e. written exam
- 3) Procedure
 - A. Pre-clinic Procedures by the Clinician
 - a. Order from RCA clinic materials:
 - i. rule books
 - ii. self-assessment surveys
 - iii. clinic objectives and format
 - iv. referee exam and key
 - v. clinic feedback forms
 - b. Distribute to candidates prior to clinic:
 - i. rule books
 - ii. self-assessment surveys
 - B. Post-clinic Procedures by the Clinician
 - a. Mail all exams to the national office including:
 - i. name, address, phone number of candidates
 - ii. exam marks
 - iii. practical evaluation
 - iv. final recommendation
 - v. ie: Pass – Referee – Official
 - vi. names and addresses, etc of referees participating in refresher
 - C. Post-Clinic Procedures by RCA:
 - a. record licensing information on database
 - b. mail candidate appropriate license (referee or official)
 - c. mail confirmation of license extension to referee completing refresher

2. RCA Referee License Procedure

- 1) Conditions:
 - a. Obligatory refresher course every three years
 - b. Reasonable participation as an official or referee within terms of the license
- 2) License Registration:
 - a. Central RCA registration of all officials and referees
- 3) Selection of Canadian FISA Candidates Criteria:
 - a. RCA license for three (3) years
 - b. Reasonable participation as an RCA official
 - c. Service to rowing
 - d. International experience, ie: as a rower, manager, coach
 - e. Canadian regional representation
 - f. Adequate French language competency to function effectively at a FISA regatta
 - g. Additional FISA requirements
- 4) Procedure:
 - a. “FISA ready”. excellent results in RCA examination
 - b. Satisfaction of criteria of selection
 - c. Individual application of resume to Committee through Provincial Executive
 - d. Decision making by committee – approved by RCA president
- 5) Referees for International Regattas:
 - a. Valid RCA license
 - b. Reasonable participation as an RCA referee
 - c. Service to rowing
 - d. International experience, ie: as a rower, manager, coach
 - e. Canadian regional representation
 - f. Adequate French language competency to function effectively at a FISA regatta
 - g. Need to validate license
 - h. FISA criteria

COACHING

1. The National Coaching Certification Program (NCCP)

- 1) The NCCP is a coach training and certification program for 67 different sports and is offered in both official languages across Canada. NCCP workshops are designed to meet the needs of all types of coaches, from the first-time coach to the head coach of a national team. The NCCP is the recognized national standard for coaching training and certification in Canada. Within each of the NCCP contexts, workshops are designated to address the development needs of the athletes. As part of the program, all coaches are trained in ethical decision making and sport safety.
- 2) The NCCP is the recognized program for coaching qualifications in Canada.

- 3) The National Coaching Certification Program was established in 1974 and is a collaborative program of the Government of Canada, provincial/territorial governments, national, provincial, territorial sport organizations, and the Coaching Association of Canada. Each year, more than 50,000 coaches take an NCCP workshop and since it began, more than 1 million coaches have participated in the program, making it one of Canada's largest adult education programs.

2. RCA'S Coach Development Model

- 1) The emphasis of the NCCP is on developing competent coaches – an exciting step towards helping them to become more effective and have a more meaningful impact on an athlete's experience. For more information about the NCCP, see the Coaches Association of Canada website (<http://www.coach.ca/competitive-coaches-s15435>).
- 2) The NCCP is a competency-based system where coaches must demonstrate competency in order to maintain certification. Workshops are designed to assist coaches to obtain the necessary knowledge, skills, abilities and attitudes needed to be a successful and competent coach. Below is a chart that outlines the various contexts within the NCCP and Rowing Canada's program.

RCA NCCP Name	Evaluation	NCCP Context Name	LTAD Stage
Learn to Row Instructor		Instruction Beginner	Learn to Train
Learn to Row Instructor – Adaptive			
RCA Coach	RCA Coach evaluation outcomes	Competition Introduction	Train to Train and early Learning to Compete
RCA Performance Coach		Competition Development	Late Learn to Compete and Train to Compete
RCA High Performance Coach		Competition Performance	High Training to Win 1 & 2