

LEARN TO ROW PATHWAY

Pre-Requisites

1. Create an account and register with RCA as a coach (membership.rowingcanada.org)
2. Register in "The Locker" (thelocker.coach.ca)
3. Obtain/verify Pleasure Craft Operator Card (PCOC) and provide to your Provincial Rowing Association

ELearning Pre-Requisites

1. Complete NCCP Coach Initiation in Sport eLearning Module
2. Complete RCA Rowing Essentials eLearning Module
3. Complete MED module <https://www.coach.ca/make-ethical-decisions-med--s16834>

YOU ARE IN TRAINING

COMPLETE LEARN TO ROW WORKSHOP

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1. Rowing Canada Aviron and the new NCCP
2. Review of Roles and Responsibilities
3. Review of Safety
4. Analyze Performance - The Rowing Stroke
5. Plan a Learn to Row Lesson
6. Teach a Learn to Row Lesson
7. Teaching and Learning
8. Para Rowing
9. Modifying the Learn to Row Program to meet my club needs
10. Rigging

YOU ARE TRAINED

Upload the following items to your portfolio in the Coach Education Database or email to your Provincial Rowing Association

1. A copy of your PCOC
2. A copy of your organization's Emergency Action Plan
3. Submit a learn to row lesson plan

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BUILD YOUR PORTFOLIO

EVALUATION STEPS

3

Must complete online evaluation via thelocker.coach.ca
Only one MED evaluation needs to be completed.

1. Make Ethical Decisions (online evaluation)
2. Contact your Provincial Rowing Association to request an evaluation
3. Portfolio review (determines "readiness" of coach for direct observation)
4. Direct observation
 - Analyze performance in training on water or by remote video observation

YOU ARE CERTIFIED

Upon successful completion, you are NCCP certified.

ACTIVE COACH STATUS MAINTAINED

In order to maintain certification, coaches are required to earn professional development credits.